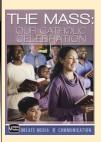


## Year of the Eucharist resources for grades 6-12

## The Mass: Our Catholic Celebration (Oblate Media and



Communications Corporation, 2012; 15 minutes) offers a guided tour of the Mass beginning with a brief description of the origins of the Mass from the Last Supper and the practices

of the earliest Christians. The program goes on to explain the meaning behind each part of the Mass.

Altaration: The Mystery of the Mass Revealed (Ascension Press, 2015) This five session series uses videos and a workbook to help teens see the Mass in a new way. The



program covers the "whys" behind the "whats" of the Mass so that young people will enter prepared, participate with sincerity and exit with purpose. Featured presenters include Mark Hart, Fr. Joshua Johnson, Jackie Francois Angel, and Fr. Mike Schmitz.

## Eucharist : The Source and

**Summit** (Oblate Media and Communication Corporation, 2005; Three 8 minute segments) explores the

Eucharist in three parts. "We Participate" looks at the Eucharist in the Mass, how Catholics gather around it,



sharing the story, the sacrifice and the meal. "We Pray" takes a look at Eucharistic Adoration, why it is done, who does it and what it means. "We Practice" shows how Catholic Christians are called by the Mass to be "missionary disciples" of Jesus Christ, to go forth and share the gift of the Eucharist with others through good works.



Walk Through the Mass: Exploring the Sacred Liturgy (22 minutes; Augustine Institute, 2014) This episode from the Symbolon series about the Catholic Faith includes a segment that examines the significance of the rites and rituals that make up each part of the Mass.



Sophia Sketchpad: The Eucharist

On the Road to Emmaus (7 minutes; Outside da Box, 2014) A special visitor joins Will at Mass on Sunday and suddenly the Mass will never be the same.





This Prezi offers a great way of to give young people an overview of the meaning of the Mass and the parts of the Mass.

Online AV catalog